





Children's Centre News

Director: Allyson Goodale

Hello Everyone

Thank you to Susan Hart and her yr.11 group of child studies students who came to visit us at Preschool on Wednesday 15th August. The yr.11 students brought along some inspiring and educational activities that they had created as part of their course.

This was a most enjoyable and rewarding learning experience. All students were completely engaged throughout the whole session.



Diary dates:

Monday 3rd September: school closure day

Thursday 6th September: pupil free day for staff training & development

Tuesday 18th September: Little Athletics Preschool visit

Tuesday 4th, 11th, 18th and 25th September: transition visits to Avenues College reception class

September 24th, 25th and 26th: final Preschool sessions for term 3

October 16th: term 4 commences



Join us on Facebook **Avenues Children's Centre**





Robyn McLean Principal

Allyson Goodale Head of Early Years

Chan Welfare Head of Primary Years

Roy Webb Head of Secondary Years

Teresa Maiolo

Coordinator of the Centre for Hearing Impaired (CHI)

Danielle Smith Business Manager, B-12

Diary Dates		
١٠	31st Aug	Pupil Free Day
•	3rd Sept	School Closure Day
•	3-7th Sept	Child Protection Week
•	4th Sept	Crows Positive Reflection - Assembly - 11:40am
١٠	4th Sept	Transition Program Star
ŀ	6th Sept	Preschool - Pupil Free Day
•	11th Sept	Governing Council
·	28th Sept	End of Term 3 - Early dismissal - 2pm
•	15th Oct	Pupil Free Day
•	16th Oct	First Day Term 3

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Beatty Avenue Campus

Beatty Avenue, Hillcrest SA 5086 T: 8261 3339 F: 8266 1471 E: dl.0906.info@schools.sa.edu.au W: www.avenuescollege.sa.edu.au Dear Parents and Caregivers

Book Week - Find your Treasure

Our treasure was most definitely the children and their costume representation of their favourite characters! Beginning with a 'thank you' is always a good place to be and it's where I find myself this week. Last week we enjoyed Book Week and I want to thank the huge number of parents and caregivers who helped their children with their costumes. We had a wonderfully colourful and creative parade, joined too, by our Preschool children. There were a great many characters and books represented and the effort was very much appreciated. In the fover you will find examples of our Year 4/5 students' recommendations for books through their character 'Wanted Posters' completed during Book Week. They are sounding very much like seasoned critics and their enjoyment of the books is obvious. You will also see some photos of our 2/3 students and their artistic representations of what they were wearing. Thank you also to those families who regularly support our reading at home by reading to your children and giving them opportunities to read to you. Outside of the conversations we have with our children in the early years of their lives, reading is the largest method of acquiring new vocabulary and a building block that very much enables success at

Pupil Free Day

You will be aware that Friday is a Pupil Free Day. On this day teachers and support staff of the Early and Primary Years will be focussing on Oral language Improvement. Oral language includes both speaking and listening. We will be focussing on ways we can help the children develop these skills so they can both share and receive information and conversation. We ask for your support as always (because it's vital). Please ask your children lots of open ended questions, What do you think...If we changed this...Why...How do you feel about...? It's also really important to know children are receiving language, read to them and talk about the book to see if they are following what is happening and who the characters are.

Child Protection Week

Lastly, next week is Child Protection Week. There couldn't be an awareness week or day more relevant to us as a community. During the week we will have many discussions and activities regarding child safety, people who are safe and what to do if children are feeling unsafe. This coincides with the teaching of the Child Protection Curriculum. On Wednesday we will be creating some outside chalk artworks that will show the children's learning. We will also be sharing our message about the importance of caring for our children with the public through a short parade around the school block. Parents are welcome and encouraged to join us in doing this and helping to raise awareness and inform people about this very significant issue. Please see additional note for more information.

Kind regards

Chan Welfare **Head of Primary Years**



Year 4/5 Class





COLOUR EXPLOSION

The year 4/5 class has been conducting experiments in chemical science to test how substances interact with one another. Students started with a plate of milk and added drops of food colouring. Nothing happened until they added a drop of detergent. The detergent and fat within the milk reacted to create a colour explosion.







- Outdoor games and sports
- * Arts & Craft
- Playing with friends
- Great Educator
- Trood and Cooking
- Indoor Activities

Program Details

To find out more about our program, view fees and to register visit us in the program or head to www.campaustralia.com.au

visit www.campaustralia.com.au

we make Kids smile

GREAT FUN

Child Protection Week and White Balloon Day



To help celebrate National Child Protection Week (2 – 7 September 2018) and White Balloon Day we are asking students to **come to school wearing a white T-shirt or white ribbon on Wednesday 5th September**. White Balloon Day is a day to celebrate how important children are and to talk about how everyone can work together to keep children safe. Classes will be creating safety murals to display around our school on White Balloon Day and children will also participate in a short community walk at 10am to promote child safety and protection. Family members are welcome to join us for the walk.

Sleep

Children

and Learning



A good night's sleep is essential for your child's learning during the day, because it helps them concentrate and remember things. But if your child has sleep problems, this can affect how well they learn.

Sleep and learning

Good-quality sleep helps your child concentrate, remember things and behave well. This helps them to be a successful learner.

Poor sleep or not enough sleep affects concentration, memory and behaviour, making it harder for your child to learn. Children who don't sleep well are more likely to feel sleepy at school during the day and have difficulties with learning.

Concentration and sleep

Children who are sleepy have trouble concentrating during the day. If your child can't keep their attention on what they are trying to learn, whether it's climbing a tree at the park or singing a song at school, it will affect their learning.

Memory and sleep

Remembering things is part of learning. If your child is tired, it's harder for them to remember basic things like how to spell words, how to do maths calculations, or where to find information in a book or on the internet. It's also harder for them to remember how to do things like playing a musical instrument.

Our brains create and strengthen different types of memory in different <u>sleep cycles</u>. For example, just before your child wakes in the morning, their brain uses the last stages of <u>REM sleep</u> to sort and store memories and information from the previous day and get ready for the day ahead.

Part 1